

WV PRIDE TIMES



A PUBLICATION OF RAINBOW PRIDE OF WEST VIRGINIA MARCH 7, 2018 VOL. 1 EDITION 1

DR. RAINBOW: HEALTH MATTERS

There is something **exciting** going on in the Mountain State for our LGBTQ family. This year All Kinds Day at the Capitol marked the launch of Covenant House's long awaited DrRainbow.org, a website dedicated to linking every West Virginian to both LGBTQ culturally competent healthcare as well as general resources. Dr. Rainbow champions the fact that our health and our community matters regardless of who we love or gender identity.

Sixty Eight percent of LGBTQ individuals avoid medical care because of fear of stigma and discrimination; meanwhile,

we experience higher rates of smoking, substance abuse, mental health, and other diseases that require quality and supportive healthcare. DrRainbow.org is our attempt to change this narrative in West Virginia. Being open with your healthcare provider about your sexual orientation and gender identity is important in order to receive the best possible care. By linking out community to providers they know they can safely come out to will lead increased mental and physical well-being, reduced healthcare costs, reduction in disease transmission and progression, and increased longevity.

See Dr. Rainbow, Page 2

PRIME TIMERS - CHARLESTON

Prime Timers – Charleston is a chapter of Prime Timers Worldwide – a society of mature gay and bisexual men, and younger men (21 years of age or older), who prefer the company of older men, coming together in a supportive atmosphere to promote educational, cultural and social activities for mature gay and bisexual men

Prime Timers is not a political organization. But we are concerned with society as it affects the aging gay and bisexual Prime Timers – Charleston is a chapter of Prime Timers Worldwide – a society of mature gay and bisexual men, and younger men (21 years of age or older), who prefer the company of older men, coming together

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Prime Timers is not a political organization. But we are concerned with society as it affects the aging gay and bisexual population. The organization is emerging as a leading force in the gay and bisexual communities with over 80 chapters throughout North America, Europe and Australia.

Here in Charleston, there are many opportunities to socialize. For additional information, Contact Jack at 304-543-1818 or Mike at justmikec@att.net. See schedule of events on pages 4 and 5.



Phil Hainen (left) as the patient and Chefeeka Meaty Bones (right) as the doctor

Dr. Rainbow, Continued from Page 1

building Dr. Rainbow Covenant House travelled to every corner of the state to reach out to our LGBTQ community. Our resource guide is composed of the voices from our queer communities in Wheeling, Morgantown, Kingswood, Charleston, Huntington, Lewisburg, Fayetteville, Shepherdstown, and beyond. We participated at community events and visited queer spaces throughout the state asking our LGBTQ family to identify what healthcare providers they personally use who are LGBTQ culturally competent and affirming. In addition, we travelled across the state conducting cultural competency trainings for providers, and conducting outreach to providers interested in joining our movement. Along our journey to find healthcare providers we listened to the feedback of everyone who participated and also created a general statewide resource guide to help reduce isolationism and link people to support systems throughout the state i.e.

peer support, community resources, legal, advocate, HIV, etc. Dr. Rainbow's information is not based on algorithms, but real West Virginians coming forward to highlight the wonderful healthcare providers and community resources who "welcome all kinds."

Dr. Rainbow can't stop all stigma and discrimination. It won't magically fix everything, but this is where we begin to rewrite our story. This is where we come together to take care of each other and help link each other to the best West Virginia has to offer, because it's good to be queer in the mountain state.

DrRainbow.org is a testament to every fearless LGBTQ West Virginian who shared their healthcare story and kept us going to make this resource happen.

by
Kate Veiga of Covenant House

PRIME TIMERS SPECIAL EVENT FOR MARCH

On Saturday, March 16,, Prime Timers - Charleston will take a day road trip to Maple Syrup Festival at Pickens, WV. The highlight of the festival will be the Wood Chopping Competition at Legion Hall at 1 PM. Following the festival, Prime Timers will travel 5 miles to the

Swiss Village of Helvetia, WV. Lunch will be at Hutte Swiss Restaurant. The Prime Timers will be carpooling, so contact Jack at 304-543-1818 or email Mike at justmikec@att.net by Friday, March 16.

QUEER EYE

The Netflix series QUEER EYE takes 5 gay men and use their own area of expertise to help other men to enhance their lives. The "Fab Five" show men, many straight, that they can have a life of good taste, graciousness and all without compromising comfort and their own personal style. They usually get a "makeover" in the areas of grooming, home, culture, food and

fashion. It shows that both gay men and straight men can go beyond their comfort boundries, helping to form friendships that normally may not happen. It is a fun show, done with lighthearted humor and slight sexual innuendos all meant to be very "tongue in cheek"! It is a great show and is a must see!!

by Tim Albee



CHARLESTON

Prime Timers - Charleston is proud to sponsor the first edition of WV Pride Times.

For more information on

Prime Timers - Charleston contact

Jack at 304-543-1818 or Mike at justmikec@att.net.



WV PRIDE EVENTS

(INCLUDING EVENTS OF
PRIME TIMERS AND
COVENANT HOUSE)

March 7, Wednesday

Prime Timers Trivia Night and Dinner
Big Joes at 10 Capital Street, Charleston
Meal at 6:30 PM and Trivia at 7:30 PM
(Come help us reclaim our
championship cup) Contact Jack at 304-
543-1818 or Mike at justmikec@att.net

March 10, Saturday

Rainbow Pride of WV
One Book, One Pride Book Club
Selected Book, *Call Me By Your Name*
Taylor's Book, 1 PM, 226 Capitol St.,
Charleston, Gallery Side of the store. For
more information, visit Facebook Page,
"One Book, One Pride Book Club," or
email: contact@rainbowpridewv.org

March 11, Sunday

Rainbow Pride of WV
Membership Meeting for March, 1 PM
Everyone is welcome to attend
Rainbow Pride of WV Community Office
(Go to the back door of the Asbury United
Methodist Church, 501 Elizabeth St.
Charleston. The back door is off of
Jackson St.) For more information
email: contact@rainbowpridewv.org

March 13, Tuesday

Prime Timers Diner
Tidewater, Charleston Town Center Mall,
Charleston, 6:00 PM
Contact Jack at 304-543-1818 or
Mike at justmikec@att.net

March 17, Saturday

Prime Timers Special Event for March
Maple Syrup Festival, Pickens, WV
See "Prime Timers Special Event for
March," Page 3.
Contact Jack at 304-543-1818 or
Mike at justmikec@att.net

March 22, Thursday

Prime Timers Lunch
Golden Corral, 412 New Goff Mountain Rd.
Cross Lanes, 1:00 PM
(This is an all you can eat buffet. So, bring
your appetite.) Contact Jack at
304-543-1818 or Mike at justmikec@att.net

March 23, Friday

Rainbow Pride of WV
Construction Built Night
(We will be constructing a monolithic struc-
ture out of food cans to benefit the pantry of
Covenant House. Join us)
Clay Center, 6 PM, 1 Clay Square,
Charleston, contact Carl Maxwell:
304-395-3672 (phone and text) and
Facebook Messenger

March 23, Friday

Rainbow Pride of WV
Under The Sea, Pride Prom 2018
Featuring Nathan Grey Lafontayne,
2017 Mr. L Pride of WV
6040 Booten Creek Rd., (4-H Camp)
Barboursville, 7 to 9 PM

(All ages welcome), \$15, ticket at door
For more information, Facebook Event
Page: "Pride prom 2018 (formal wear)
tickets will be sold that night,"
or call Nathan at 304-360-2588

March 23, Friday

Rainbow Pride of WV

**Mr. and Miss Rainbow Pride of WV
Preliminary**

Broadway, 11 PM, 210 Leon Sullivan Way,
Charleston, WV For information contact
Tim Albee: 304-412-0113 (phone and text)
and Facebook Messenger

March 24 to 26

Canstruction Exhibit at Clay Center,
1 Clay Center, Charleston

Call Clay Center for hours: 304-561-3570

March 24, Saturday

Prime Timers Bowling

Galaxy Lanes, 6545 MacCorkle Ave. SE,
Charleston, (Kanawha City), 2:00 PM
(Come join in the fun. We will each other's
triumphs and laugh together at our flubs.)
Contact Jack at 304-543-1818 or
Mike at justmikec@att.net

March 25, Sunday

Rainbow Pride of WV

Mr. and Ms L Pride of WV Preliminary

Broadway, 7 PM, 210 Leon Sullivan Way,
Charleston For information contact Tim
Albee: 304-412-0113 (phone and text) and
Facebook Messenger

March 26, Monday

Award Ceremony of Canstruction,
5:30 PM, Clay Center

1 Clay Center, Charleston

March 27, Tuesday

Prime Timers Trivia Night and Diner

B & D Gastropub (the old Murad's). 200
35th St. SE, Charleston, (Kanawha City)

Dinner at 6:30 and Trivia at 7:30

Contact Jack at 304-543-1818 or

Mike at justmikec@att.net

March 27, Tuesday

Covenant House

Chef's Challenge, 5:30 to 8 PM

Clay Center, 1 Clay Center, Charleston
(A benefit for Covenant House food pantry)

Visit WVCovenantHouse.org for more
information

March 29, Thursday

Deconstruction of Canstruction, 9 AM

Clay Center, 1 Clay Center, Charleston
(All are welcome to come by and help take
down the monolithic structure)

Contact Carl Maxwell: 304-395-3672

(phone and text) and Facebook Messenger

SAVE THE DATE

April 28 Power of One Gala

May 19 Rainbow Pride of WV

State-Wide Pageant

June 2 West Virginia Pride Parade and
Festival

August 19 Pride Picnic

The facts about PrEP: is it for you?

The drug that helps prevent HIV infection

Christine Teague, PharmD, MPH, AAHIVP, CAMC Ryan White Program Director

By now, you have probably heard or read about PrEP, which stands for Pre-Exposure Prophylaxis:

- Pre = before,
- Exposure = coming into contact with HIV,
- Prophylaxis = treatment to prevent an infection from happening.

Clinical studies have shown that one pill taken every day helps prevent HIV infection. This pill contains two medicines that we already use, in combination with other medicines, to treat HIV infection. When someone is exposed to HIV through unprotected sex or injecting drug use, PrEP can help stop the virus from turning into a permanent infection.

PrEP is another powerful tool that we have in our HIV prevention tool belt. It can be combined with condom use and other prevention methods for even greater protection than when used alone. If you choose to use PrEP, you **must** commit to taking the drug daily and seeing your health care provider every three months for follow up, HIV and other STD testing and monitoring for medication side effects.

Most of the clinical trial studies tested a combination of two antiretroviral HIV medicines, tenofovir (brand name Viread®) and emtricitabine (also known as FTC or brand name Emtriva®). This combination

pill (brand name Truvada®) was approved by the FDA in 2004 for treatment of HIV infection when combined with other antiretrovirals and in July 2012 for PrEP.

In all of these studies, the risk of getting HIV infection was lower – up to 92 percent lower – for study participants who took the medicines consistently than for those who did not take the medicines.

Who should consider PrEP?

There are new federal guidelines regarding optimal use of PrEP. These guidelines recommend that it be considered for people who are HIV-negative and at substantial risk for HIV infection.

Sexual transmission:

1. Anyone who is in an ongoing relationship with an HIV-positive partner
2. Anyone who is not in a monogamous relationship with a partner recently tested HIV- negative
3. Anyone who is a:
 - a. Gay or bisexual man who has had anal sex without a condom or been diagnosed with an STD in the past 6 months, OR
 - b. Heterosexual man or woman who does not regularly use condoms during sex with partners of unknown HIV status who are at substantial risk of HIV infection

UNDER THE SEA

Pride Prom



Rainbow Pride
of West Virginia



featuring:
Nathan Grey Lafontayne

2018

When? March 23rd, 2018

Where? 6040 Booten Creek Rd
Barboursville, WV 25504

What Time? 7:00PM to 9:00PM

Price? \$15.00/person

**"Sea"
You
There!**

(such as people who inject drugs
or have bisexual male partners)

4. Injecting drug users getting into
drug treatment programs and using
sterile equipment

For people who inject drugs:

1. Anyone who has injected illicit drugs within the past six months and has shared injection equipment, or who has been in drug treatment for injected drug use in the past six months.

Because no prevention strategy is proven to be 100 percent effective, people who decide to take PrEP are strongly encouraged to use other prevention strategies to maximally reduce their risk including:

1. Using condoms consistently and correctly
2. Getting regular HIV testing with partners
3. Choosing less risky sexual behaviors, such as oral sex

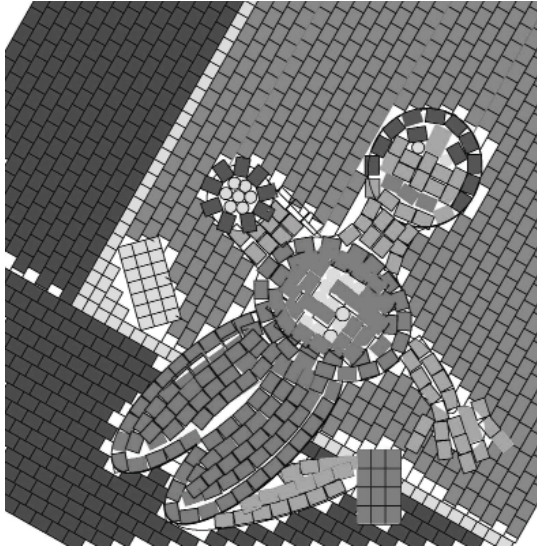
In summary, PrEP is a powerful new strategy that can be used in conjunction with other prevention methods to reduce the risk of HIV transmission. It is recommended for those that are at highest risk and for those willing to commit to taking medication daily and regular medical follow up. Ask any of your health care team if you or your sexual partner(s) should consider a PrEP program.

References:

www.cdc.gov

US Public Health Service. Preexposure Prophylaxis for the Prevention of HIV Infection in the United States – 2014 Clinical Practice Guideline

For additional information, contact Charleston Area Medical Center Ryan White Program at 304-388-9337 and toll free 1-877-565-4423
Visit website: camc.org/ryanwhite



**TEAMWORK
TOGETHER WE CAN HELP
FIGHT HUNGER**

*A SOFTBALL PLAYER CATCHING THE
LAST OUT TO WIN THE GAME*

RAINBOW PRIDE OF WV IS TEAMING UP WITH ASBURY UNITED METHODIST CHURCH AND CARL BOYD MAXWELL AIA ARCHITECT INC TO ENTER THE CANSTRUCTION COMPETITION. THIS COMPETITION CONSISTS OF BUILDING MONOLITHIC STRUCTURES OUT OF FOOD CANS. ALL FOOD CANS USED WILL BE DONATED TO COVENANT HOUSE FOOD PANTRY.

WE NEED YOUR HELP! IF YOU WOULD LIKE TO DONATE TO HELP RAISE FUNDS TO PURCHASE THE FOOD CANS, FILL OUT THIS FORM AND WRITE A CHECK TO COVENANT HOUSE. PLEASE SEND FORM AND CHECK TO RAINBOW PRIDE OF WV, PO BOX 2624, CHARLESTON, WV 25329.

NAME _____ DONATION AMOUNT _____
ADDRESS _____
CITE, STATE _____
PHONE _____
EMAIL _____